



## **Keston CE Primary PE and School Sport Premium**

### **What is the PE and School Sport Premium?**

The Government since 2013 has dedicated funding to develop PE and sport in schools. This funding to schools is 'ring fenced' which means it can only be used to improve the provision of PE and sport as well as enhancing healthy lifestyles in either curricular or extra-curricular settings. How schools decide to undertake this task remains the decision of the primary schools themselves.

The School is complying with the guidance and below is our PE and School Sport Funding Impact Spreadsheet which shows how the funding is being used to impact upon the development of Sport and PE at Keston. This will further your child's enjoyment, acquisition of skills, understanding and general development in sport and PE.

### **It is expected that schools will see an improvement against the following 5 Key indicators:**

1. The engagement of all pupils in regular physical activity and healthy lifestyles
2. The profile of PE and sport being raised across the school.
3. Increase confidence, knowledge and skills of all staff in teaching PE and Sport.
4. Broader experience of a range of sports and activities
5. Increased participation in competitive sport

Please see below the PE and School Sport Funding Spreadsheets since 2013

## PE and School Sport Funding 2021-22

Grant=£17,780

Funding used for:	Budget	Evidence	Impact: Expected/Actual <i>Key Indicator of spend</i>	Sustainability/Next Steps
Competition Entries for the school games competition.	£550	Every competition available to us, since the return to school we have attended in lots of different sports.	<i>4. broader experience of a range of sports and activities</i> <i>5. increased participation in competitive sport</i> We have entered every competition possible, participating in every different sport possible. We have done very well in competition this year with our biggest achievement being us winning the Tri – Golf competition which then meant we went to represent Bromley.	Get back to as many competitions as we can to expose the children to competition.
Football district League	£60			
BPSCCA	£144	We took Y3/4/5/6 teams to the competition.		
Swimming Pool hire	£200	We selected our swimming team however; the competition did not take place because of covid.	Trials enable the squad to perform well/win the small schools swimming competition.	To continue to trial every year for the competition.
Coach Hire	£400	To allow us to participate in a competition with as many children as we were allowed to.	Allowed 26 from 4 different year groups to participate in our trust wide competition. Exposed children to competitive racing.	To continue practicing for the next event.
Staffing for the competitions throughout the calendar year and the coaching leading up to	£10,712.95	Sports coach present at every sporting event to help progress the team while at the event.	To give the children the best atmosphere at the competition with the coach who has trained them for the sport they are taking participating in.	

competitions.				
Equipment				
Tag Belts	£75.96	Used in lessons	<p><b>2. The profile of PE and sport being raised across the school.</b></p> <p><b>1. The engagement of all pupils in regular physical activity and healthy lifestyles</b></p> <p>To help with the teaching of rugby within the school as our old tags belts had lost their stick, so was unsure if they had been tagged or had fallen off, this should help improve them because it will allow them to push themselves when playing. A more professional environment for the children when representing the school, they are a lot sturdier. Makes it more realistic as they will get more of a bounce from the metal posts rather than the plastic ones we had before.</p>	Will last longer than plastic goals, which can be easily broken.
Metal Goals Goal Nets	£863 £64.96	Goals used for after school football.	To be able to keep active of a playtime and lunch time, for them to improve their skills and keep them structured during a lunchtime. To help the teaching of howlers within lessons because it allows them to have more repetition.	
Sponge balls Howlers	£382.95	Sponge balls being used at lunchtimes and howlers used in athletics lessons.	To be able to keep active of a playtime and lunch time, for them to improve their skills and keep them structured during a lunchtime. To help the teaching of howlers within lessons because it allows them to have more repetition.	
Subscriptions 5 a Day Fitness	£328	Used in PE Lessons and classrooms	<p><b>1.the engagement of all pupils in regular physical activity and healthy lifestyles</b></p> <p>Is used during lessons as a little 5 minute shake up, to keep them on task within class, also goes towards their 60 active minutes throughout the day.</p>	Continue to use in lessons for warm ups and keeping the children on task.
Health Week New Age Kurling Life bus Workshop Karate Workshop Stand Against Violence	£850 £820 £210 £100	Every child in the school participated in these events. Improving knowledge of first aid to be able to help people if someone was injured. Everyone took part in new age kurling and karate workshops. Which is sports they might not have participated in before.	<p><b>1. The engagement of all pupils in regular physical activity and healthy lifestyles 4. Broader experience of a range of sports and activities.</b></p> <p>An inclusive sport to be introduced to all the pupils in health week. To be continued to be used to improve hand eye coordination and to encourage nonphysical sports.</p>	To continue to progress their first aid knowledge throughout their time at school. Look into purchasing the equipment so we can do it in lessons as a school.
Smoothie bike Tuck shop	£219.68 £108.50	The children created their own smoothies on the bike. Also had healthy snack throughout the week.	Exposing children to new fruits and snacks throughout the week in liquid a whole form, which are things they may not be exposed to at home. Some children liked things that they did not think they would because they have not tried them before.	Each year try to introduce a new fruit or snack to continue exposing them to new healthy snacks.
CPD Shooters Netball	£800	10 Week of CPD	<p><b>1. The engagement of all pupils in regular physical activity and healthy lifestyles</b></p> <p><b>4. Broader experience of a range of sports and activities.</b></p> <p><b>5. Increased participation in competitive sport</b></p>	To continue teaching netball throughout the school to improve the standard of

			Sports teacher worked alongside the netball coach, to improve his knowledge and the understanding of how the sport should be played. We also exposed Y3/4/5 to 40 minutes of netball every week, which has now lead into having an afterschool club of netball.	netball played through the school.
Anomaly	£600	The screen is gone.	We had realized that the screen really was not fit for purpose. So the decision was made to not have it anymore.	
Total Spend	£17,780			
93% of current Y6 pupils ( 2019-20)swim competently, using a range of strokes confidently and proficiently over a distance of at least 25m				
0% of current Y6 pupils who participated in Top Up swimming in Y5 . No pupils participated in top-up swimming.				

## PE and School Sport Funding 2020-21

Grant=£17,780

Funding used for:	Budget	Evidence	Impact: Expected/Actual Key Indicator of spend	Sustainability/Next Steps
Competition Entries for the school games competition.	£200	Every competition available to us, since the return to school we have attended in lots of different sports.	<b>4. broader experience of a range of sports and activities</b> <b>5. increased participation in competitive sport</b> We have taken part in competitions in football, athletics and Tri-golf since returning. I have tried to get as many children out to represent the school, which has been hard because there have been less competitions. We have focused on getting year 6 out as they have missed all the normal competitions.	Get back to as many competitions as we can to expose the children to competition.
Football district League	£60			
Staffing for the competitions throughout the calendar year and the coaching leading up to competitions.	£11,036.92	Sports coach present at every sporting event to help progress the team while at the event.	Trials enable the squad to perform well/win the small schools swimming competition.	
Equipment			<b>2. The profile of PE and sport being raised across the school.</b>	
Foam Balls	£349.53	Be used at break times and lunch times.	<b>1. The engagement of all pupils in regular physical activity and healthy lifestyles</b> To be able to keep active of a playtime and lunch time, for them to improve their skills and keep them structured during a lunchtime.	

Basketball hoop	£44.95	Used in break times and during lessons.	To help expose more children to different sports, to play in their own time. To improve their knowledge of a new sport.	Have a local community club connection.
Speed stacking cups	£104	All pupils enjoyed and reduced their time to stack 6 cups. Some progressed to 12	An inclusive sport to be introduced to all the pupils in health week. To be continued to be used to improve hand eye coordination and to encourage nonphysical sports.	
Vertical Jump	£170	Children been able to practice their vertical jump.	To correctly measure and practice their vertical jump for competition. This can be used when needed as is in a suitable place to be used whenever needed.	To allow the children to practice more often to improve their results.
Stop watches	£96.65	Children being able to time each other's.	Its allowed the flow of the lessons to work better with them being able to time each other in pairs now. The improvement of self-working and team work has hugely improved.	To improve knowledge on how to work them correctly.
PE Resources	£251.95	Re stocked some equipment	This allows us to continue with the different sports that we do within school. To re promote the sports as the kids love to use new equipment.	
External Interactive Display Board – Anomaly	£3,493	Display board out front of the school for all the children and parents to see in the mornings and afterschool. Information displayed – such as upcoming sporting events. Activity videos on in the mornings and after school for the children to copy and keep them engaged before school.	<p>1.the engagement of all pupils in regular physical activity and healthy lifestyles</p> <p>2.the profile of PE and sport being raised across the school.</p> <p>4.broader experience of a range of sports and activities</p> <p>The board can advertise a variety of school events including dates, results of competitions along with photos. Children can also participate in the displayed sports activities while they wait to enter school. Teachers can also use the cross curricular link which introduces games with a physical element.</p>	Discontinue next year 2021 as the costs are not proportionate to the benefits
KS1 Trim trail	£1286	Trim trail needed replacements, due to wear and tear.	<p>1.the engagement of all pupils in regular physical activity and healthy lifestyles</p> <p>The trim trail allows children to play on it during their breaks throughout the day. Keeps them focused on having fun while always using different core skills such as balance. This is also structured play and can be taken into account with the 1 hour of activity daily.</p>	Continue to use during breaks and maintain the repairs which have been done.
Health Week Magic road show Archery Life bus First Aid Mindfulness	£661	Every child in the school participated in these events. Improving knowledge of first aid to be able to help people if someone was injured. Everyone took part in archery which is not	<p>1.The engagement of all pupils in regular physical activity and healthy lifestyles 4. Broader experience of a range of sports and activities.</p> <p>Introduce pupils to new sports and educate them in different areas such as healthy living, archery. We now have new links with different outside providers.</p> <p>First aid workshops to build knowledge and skills required for everyday life. Building a positive strong mental health.</p>	To continue to progress their first aid knowledge throughout their time at school.

		something you can just do on your own, so we exposed them to a new sport. Improve knowledge on first aid to help them feel confident on basic skills.	Mindfulness has helped impact the children by helping them to discover ways in how to relax. This is very important especially this year where it's been more stressful, with the uncertainty of covid.	
Total Spend	£17,650			
86% of current Y6 pupils ( 2019-20)swim competently, using a range of strokes confidently and proficiently over a distance of at least 25m				
0% of current Y6 pupils who participated in Top Up swimming in Y5 . No pupils participated in top-up swimming 2020 due to Covid.				

## PE and School Sport Funding 2019-20

Grant=£17,780

Funding used for:	Budget	Evidence	Impact: Expected/Actual Key Indicator of spend	Sustainability/Next Steps
Competition Entries for the school games competition.	£550	High participation rate in competitions is sustained. KS2 76% represented the school, 75% of Y5/6 children have represented the school.	<b>4. broader experience of a range of sports and activities</b> <b>5. increased participation in competitive sport</b>	Enter next year to see the progression of the runners, to see if they can beat previous year score.
Bromley primary school cross country	£144	Achieved Gold school games award for the 4 <sup>th</sup> year running.	<i>76% of children to March 2020 took part in sporting competitions. Although events were planned from March this was not possible due to Covid.</i> With coaching prior to event, they will perform at a higher level. Increase confidence. Influence others in the school to see possibilities and further the sporting ethos/vision of the school.	Track participation of individuals to inspire others
Staffing for the competitions throughout the calendar year and the coaching leading up to competitions.	£11,832	Sports coach present at every sporting event to help progress the team while at the event.	Provision of a dedicated sports teacher to teach some of the curriculum sport, provide training and advice to teachers as well as fostering outdoor learning and competitions and after-school clubs. Continue High participation levels in the BPSCCA races Y3/4 and Y5/6. Unfortunately due to Covid only the Y5/6 cross country took place. To enter the maximum competitions as possible to expose as many children as possible to a broad range of sports.	
Biggin Hill Pool hire.	£150	Held the swimming trials, to be able to pick the team. Third in the small school swimming finals.	Trials enable the squad to perform well/win the small schools swimming competition.	
Equipment			<b>2. The profile of PE and sport being raised across the school.</b>	

Foam Balls	£21.14	Be used at break times and lunch times.	<b>1. The engagement of all pupils in regular physical activity and healthy lifestyles</b> To be able to keep active of a playtime and lunch time, for them to improve their skills and keep them structured during a lunchtime.	
Medals for Cross country	£18.25	Recognition for participating	Encouragement and recognition of pupils achievements.	
Speed stacking cups	£71.94	All pupils enjoyed and reduced their time to stack 6 cups. Some progressed to 12!	An inclusive sport to be introduced to all the pupils in health week. To be continued to be used to improve hand eye coordination and to encourage non physical sports.	
External Interactive Display Board – Anomaly	£3,493	Display board out front of the school for all the children and parents to see in the mornings and afterschool. Information displayed – such as upcoming sporting events. Activity videos on in the mornings and after school for the children to copy and keep them engaged before school.	<b>1.the engagement of all pupils in regular physical activity and healthy lifestyles</b> <b>2.the profile of PE and sport being raised across the school.</b> <b>4.broader experience of a range of sports and activities</b> The board can advertise a variety of school events including dates, results of competitions along with photos. Children can also participate in the displayed sports activities while they wait to enter school. Teachers can also use the cross curricular link which introduces games with a physical element.	Discontinue next year 2021 as the costs are not proportionate to the benefits
Health Week Activities		Every child in the school participated in these events. Improving knowledge of first aid to be able to help people if someone was injured. A karate instructor taught all pupils basic moves: exposing all pupils to a new skill. Nourish held a workshop explaining a balanced meal. The children made a healthy fruit kebab with sugar free chocolate cake.	<b>1.The engagement of all pupils in regular physical activity and healthy lifestyles</b> <b>4.Broader experience of a range of sports and activities.</b> Introduce pupils to new sports and educate them in different areas such as healthy living, karate, dodgeball and cooking. We now have new links with different outside providers. As a result a school Karate club has begun.  First aid workshops to build knowledge and skills required for everyday life. Building a positive strong mental health.	The children transfer learning to everyday life.  New links with clubs and experts for future training/sessions.  To continue to progress their first aid knowledge throughout their time at school.
Kaiigashii	£140			
Sportacus	£160			
Nourish	£76.41			
Life Education	£800			
First Aid Workshop	£315.00			
Total Spend	£17,780			
94% of current Y6 pupils ( 2019-20)swim competently, using a range of strokes confidently and proficiently over a distance of at least 25m				
0% of current Y6 pupils who participated in Top Up swimming in Y5 . No pupils participated in top-up swimming 2020 due to Covid.				

## PE and School Sport Funding 2018-19

Grant=£17,810

Funding used for:	Budget	Evidence	Impact: Expected/Actual Key Indicator of spend	Sustainability/Next Steps
Coach hire for Cross country event	£220	Coach to us to and from the venue.	<p><i>1.the engagement of all pupils in regular physical activity and healthy lifestyles</i></p> <p><i>5.increased participation in competitive sport</i></p> <p><i>Pupils participated in a competitive cross country event within the trust.</i></p>	Enter/ run more competitions within the trust to raise the profile of sport.
Orienteering	£1,480	<p>Lesson plans and equipment to be able to teach orienteering. Electronic maps and software to be able to change where the plaques are located.</p> <p>KS2 had experienced a few of the lessons, to give them and little taster of what is going to happen in the next year where all classes will experience a block of Orienteering.</p>	<p><i>2. The profile of PE and sport being raised across the school.</i></p> <p><i>3. Increase confidence, knowledge and skills of all staff in teaching PE and Sport.</i></p> <p><i>4. Broader experience of a range of sports and activities</i></p> <p>Mapping of the school with destinations for the plaques and lesson plans. CPD provided for the teachers.</p>	To as a school use orienteering in a more cross curricular way, to increase more active learning.
<p>Competition Entries for the school games competition.</p> <p>Bromley primary school cross country</p>	<p>£550</p> <p>£144</p>	<p>High participation rate in competitions is sustained. KS2 68% represented the school, 80% of Y5/6 children have represented the school.</p> <p>Achieved Gold school games award for the 4<sup>th</sup> year running.</p>	<p><i>4.broader experience of a range of sports and activities</i></p> <p><i>5.increased participation in competitive sport</i></p> <p><i>56% of children have currently taken part in sporting competitions.</i></p> <p>With coaching prior to event they will perform at a higher level. Increase confidence. Influence others in the school to see possibilities and further the sporting ethos/vision of the school.</p> <p>Highest participation levels in the y3/4 BPSCCA races, which allowed us to enter the teams and the small schools cup for the first time in a few years.</p>	<p>Enter next year to see the progression of the runners, to see if they can beat previous year score.</p> <p>Track participation of individuals to inspire those not competed to do so.</p>

Staffing for the competitions throughout the calendar year.	£1530	Sports coach present at every sporting event to help progress the team while at the event.	Able to enter as much competition as possible to expose as many children as possible in a broad range of sports.	
Biggin Hill Pool hire.	£135	Held the swimming trials, to be able to pick the team. Won the small school swimming finals.	From having the trials this allowed us to win the small schools swimming competition.	
Smoothie Bike	£1,239	Smoothie bike in school colours, to use whenever we want too.  Y2 and Y6 used the smoothie bike throughout the health week. Will happen every year without a cost from now on.	1.the engagement of all pupils in regular physical activity and healthy lifestyles 3.increase confidence, knowledge and skills of all staff in teaching PE and Sport.  To increase the range of knowledge of fruits, also to engage in more physical activity. Children can use throughout the year to increase the amount of fruit they are eating; teachers can go through the benefits of smoothies and what goes in them.	Don't have to hire one through a company so are saving in cost in the long run.
Equipment	£2,375	Gym Mats - Gymnastics in the school has become more professional and the standard has improved due to having a bigger gym floor for gymnast to perform routines and practice.	2. The profile of PE and sport being raised across the school. 4.broader experience of a range of sports and activities The gym mats have given more floor space to be able to perform gymnastics routines to a higher standard, raise the profile of gymnastics.	Gym mats will be able to be used for years to come, just keep looked after and get them checked.
New Age Kurling	£250.96	New Age Kurling - Children got exposed to a new sport, to broaden their range of sports they had tried.	Went to a competition for the first time for new age kurling, need a set to be able to use in school to then expose the rest of the children that didn't go to the competition.	Teach more of this before the competition next year so are more prepared. Have our own equipment so could run little games between classes.
External Interactive Display Board – Anomaly	£3,493	Display board out front of the school for all the children and parents to see in the mornings and afterschool. Information being displayed for the school information – such as upcoming sporting	1.the engagement of all pupils in regular physical activity and healthy lifestyles 2.the profile of PE and sport being raised across the school. 4.broader experience of a range of sports and activities The board can advertise anything you want on it including term dates, upcoming dates and things happening. It also has the capacity to have sports activities on for the children to be able to do in the mornings. Can also use the cross curricular link which it has different subject games on it, to allow to use during a lesson if you want to get a physical element in to it also.	Use for morning activity classes that the children can copy.  Promote healthy eating and activities, use for the next 3 years.  Audit how many children use it in the morning and parents that

		events. Activity videos on in the mornings and after school for the children to copy and keep them engaged before school.		read it.
Health Week Activities	£2,300	<p>Life Bus, First Aid Workshops, Yoga and Supermoovers.</p> <p>Every child in the school participated in these events. Improving knowledge of first aid to be able to help people if someone was injured. Had a professional football skills person come in and teach children some basic football skills. Yoga for all the children which is good for mental health and how to relax.</p>	<p>1.The engagement of all pupils in regular physical activity and healthy lifestyles 4.Broader experience of a range of sports and activities.</p> <p>Introduce pupils to new sports and educate them in different areas such as life bus, yoga and supermoovers. Also in first aid workshops which they can use in everyday life if they need to. Building a positive strong mental health.</p>	<p>The children can use what they learnt in everyday life.</p> <p>New links with the school for future training/sessions.</p>
AfPE Membership	£93	<p>Membership for another year.</p> <p>Maintain the high standard of PE throughout the school by keeping up to date with new initiatives on the AfPE website.</p>	<p>2.the profile of PE and sport being raised across the school. 3.increase confidence, knowledge and skills of all staff in teaching PE and Sport.</p> <p>Keep up to date with latest developments. Self-evaluation will gives in-depth analysis and future development requirements -</p>	Keep abreast of national developments
Astro turf	£4000	<p>Out the front of the school in front of the new Interactive board.</p> <p>Activity videos on in the mornings and after school for the children to copy and keep them engaged before school. A space that can be used all year round, mornings,</p>	<p>1.the engagement of all pupils in regular physical activity and healthy lifestyles 2.the profile of PE and sport being raised across the school. 3.increase confidence, knowledge and skills of all staff in teaching PE and Sport. 4.broader experience of a range of sports and activities</p> <p>The astro has allowed the children to use the full extent of the interative board out the front of the school. Has increased the profile of PE across the school as it's what everyone can see as you walk in. Another available space for physical activities to happen on.</p>	The use of the astro for years to come, just keep maintain once laid.

		lunch times and afterschool.		
Total Spend	£17,799.96			
Grant	£17,810			
8% of current Y6 pupils ( 2017-18)swim competently, using a range of strokes confidently and proficiently over a distance of at least 25m				
13% of current Y6 pupils who participated in Top Up swimming in Y5				